

# MSc in Migrant Health: Module: Behavioral and Psycho-Social Aspects of Migration

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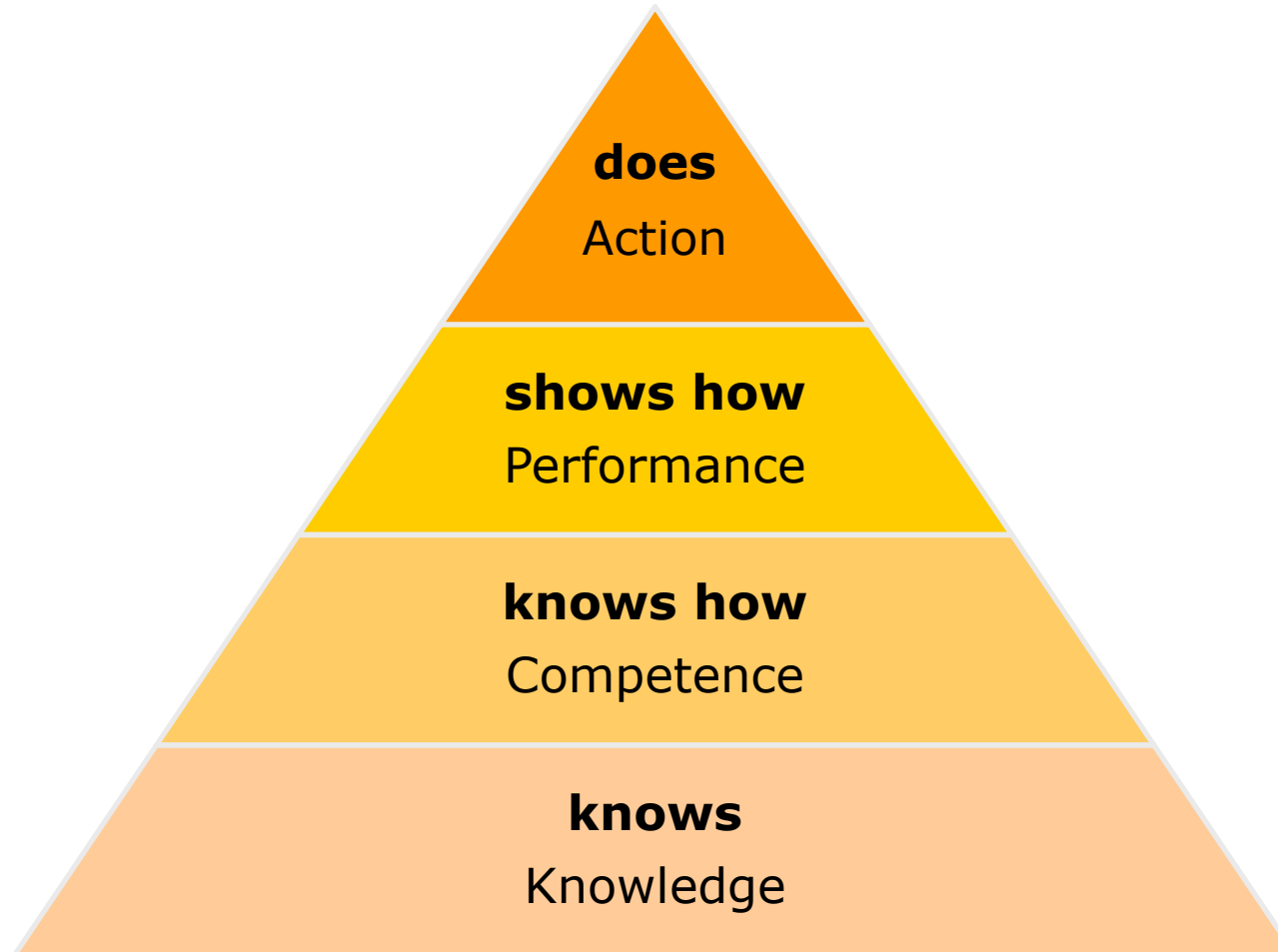
Dr. Mag. Franziska Matzer

# Core Competencies

## Understanding

- the cultural dimensions of health
- the impact of migration on the (mental) health status of migrants
- the socio-cultural and psychological adjustment process and its consequences on health and health behavior
- the impact of violence and torture on refugee populations
- the health consequences of migration related crimes like trafficking and smuggling in human beings
- ethical and legal issues of migration health
- how to provide culturally appropriate treatment

# Taxonomy of Educational Objectives (Bloom,1984)

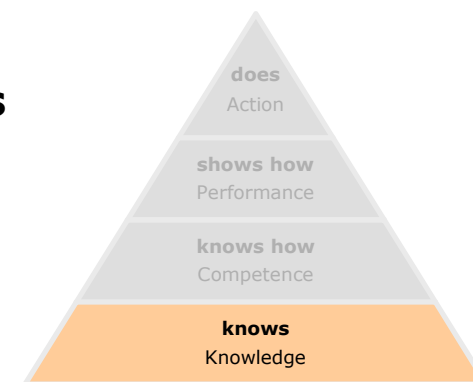


# Course 1: Theoretical Foundation of Migration Health

## -General Aims-

### Acquaintance of comprehensive basics for migration health

- **Theories and Models of Migration Health**
- **Knowledge of Stress and Coping**
- **Basics in Psychopathology**
- **Health Risk factors of Special Groups of Migrants**

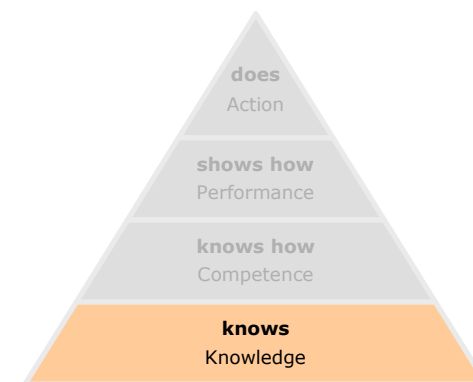


# Course 1: Theoretical Foundation of Migration Health

## -Learning Objectives-

### Theories and Models of Migration Health

- Facts and figures on recent trends of international migration in Europe
- Health models and health behavior of Migrants
- Acculturation Models

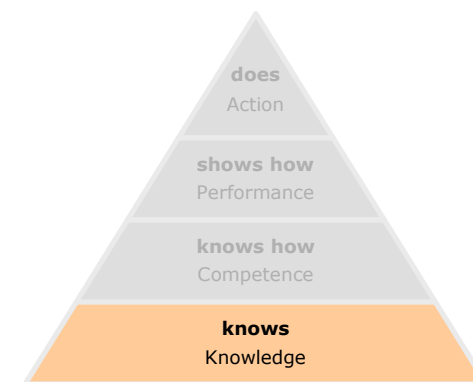


# Course 1: Theoretical Foundation of Migration Health

## -Learning Objectives-

### Knowledge of Stress and Coping

- Multicultural Perspectives on Stress and Coping
- Predisplacement and Postdisplacement Stress Factors
- Mental health related risk factors of the Migration Process
- Strategies of gender-, age- and culture sensitive mental health care

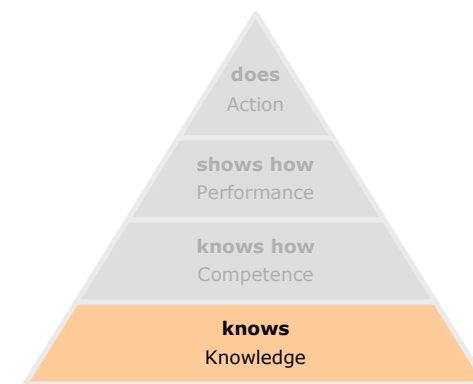


# Course 1: Theoretical Foundation of Migration Health

## -Learning Objectives-

### Basics in Psychopathology

- Epidemiology and diagnostical Classification of mental Disorders in migrant Populations (PTSD, Depression, Anxiety, Addiction, Somatoform Disorder, Suicide)
- Psychotraumatology



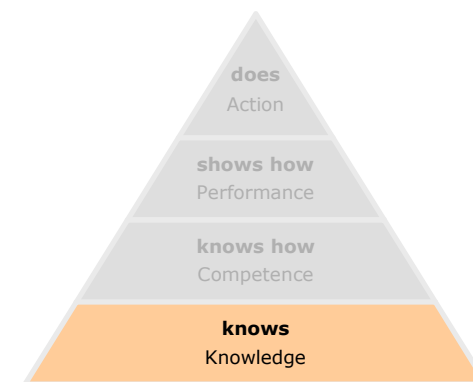


# Course 1: Theoretical Foundation of Migration Health

## -Learning Objectives-

### Health Risk factors of Special groups of Migrants

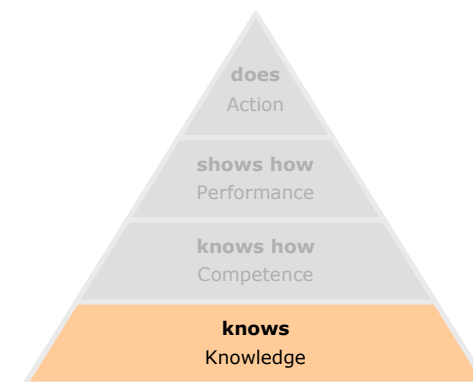
- victims of trafficking and smuggling
- unaccompanied minors
- women – children – elderly
- life threatened asylum seekers



# Course 1: Theoretical Foundation of Migration Health

## -How we get there-

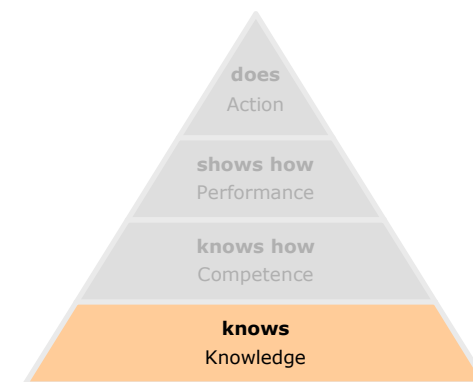
- E-learning
- Seminar
- Experts lecture
- Self-studies and reviewing literature



# Course 1: Theoretical Foundation of Migration Health

## -Assessment-

- Multiple choice-Test
- Oral presentation
- Professional portfolio

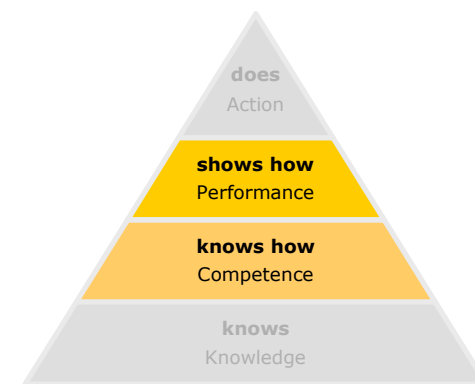


# Course 2: Intercultural Competencies

## -General Aims-

### Competence building in

- **Skills for supporting migrants acculturation processes**
- **Mental health promotion skills**
- **Intercultural communication skills**



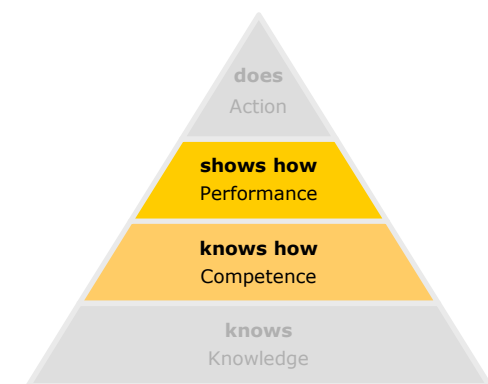
# Course 2: Intercultural Competencies

## -Learning Objectives-

### Skills for supporting migrants acculturation processes

Training in

- assessing psychological and social risk factors of migration
- strategically planning and implementing community based migrant health programmes
- networking with other local services providers



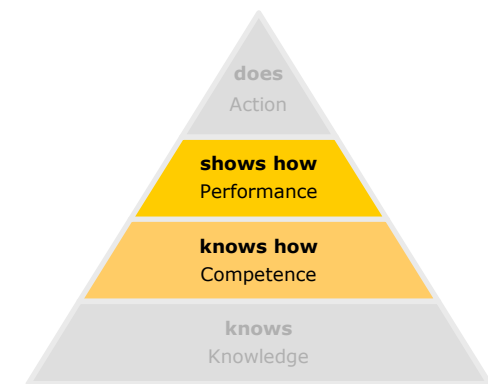
# Course 2: Intercultural Competencies

## -Learning Objectives-

### Mental health promotion skills

Training in

- crisis intervention and counselling techniques
- concepts of empowerment and participation
- interprofessional cooperation and team work



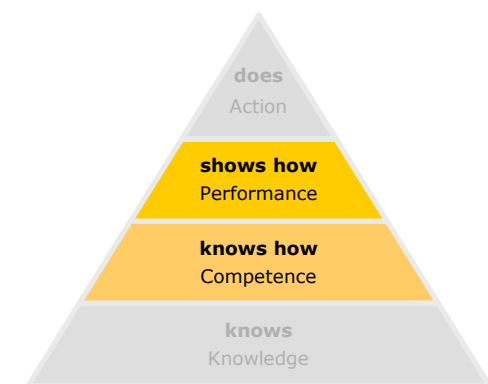
# Course 2: Intercultural Competencies

## -Learning Objectives-

### Intercultural communication skills

Training in

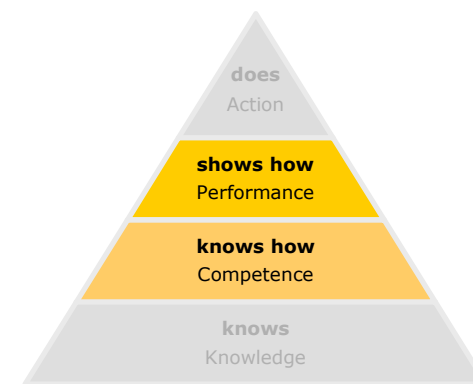
- intercultural awareness and communication
- leadership skills specific to multicultural settings



# Course 2: Intercultural Competencies

## -How we get there-

- Seminar
- Workshop
- Role playing
- Acting with simulation patients and video feedback
- Feedback training

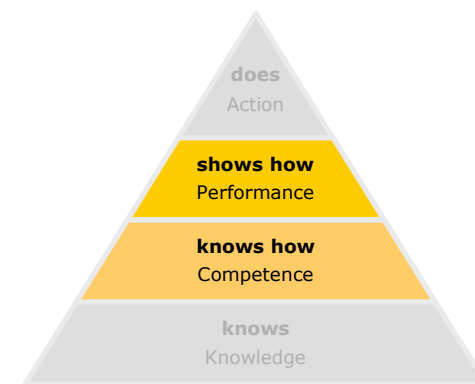




# Course 2: Intercultural Competencies

## -Assessment-

- Objective Structured Clinical Examination (OSCE)
- Professional portfolio

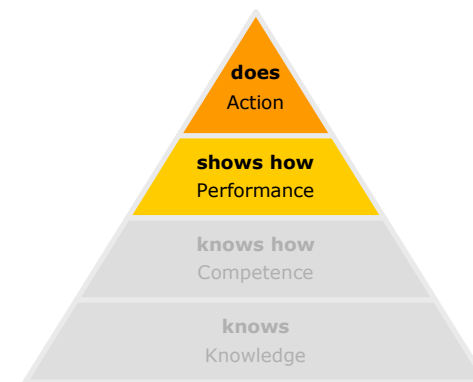


# Course 3: Field Work

## -General Aims-

### Competence building in

- **Critical thinking skills**
- **Life-long learning skills**
- **Community-based learning skills**

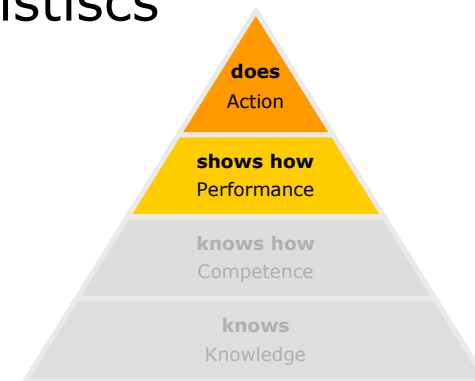


# Course 3: Field Work

## -Learning Objectives-

### Critical thinking skills

- a sense of concern and caring for migrants mental health needs
- an attitude towards minority rights and social justice in migration health
- ability to look at a problem from different perspectives
- understanding research methods and statistics

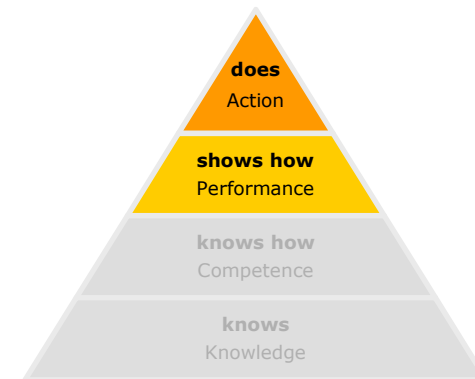


# Course 3: Field Work

## -Learning Objectives-

### Life-long learning skills

- willingness to active life-long learning
- information management and data collection skills
- decision-making skills
- presentation skills

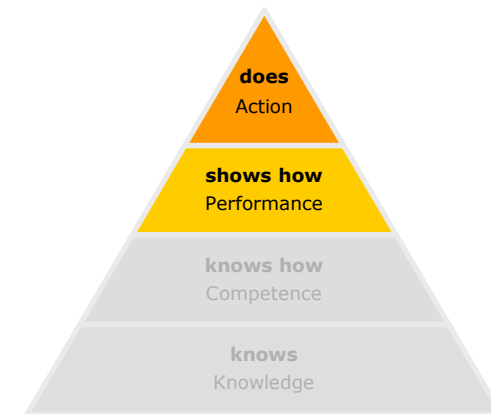
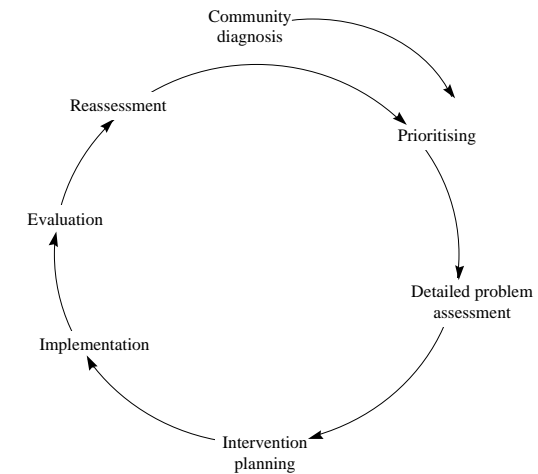


# Course 3: Field Work Learning Objectives

## Community-based learning skills

- skills for strategic planning and intervention (COPC-model)
- mental health risk assessment and risk management skills
- interprofessional communication skills

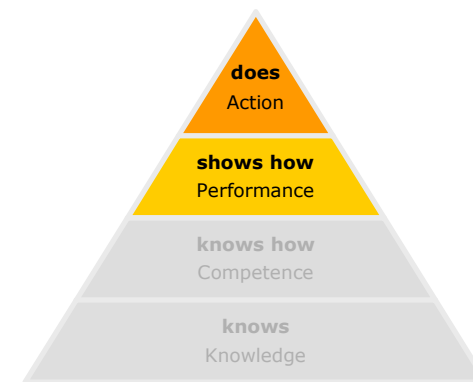
Community-oriented primary health care (COPC-Modell)



# Course 3: Field Work

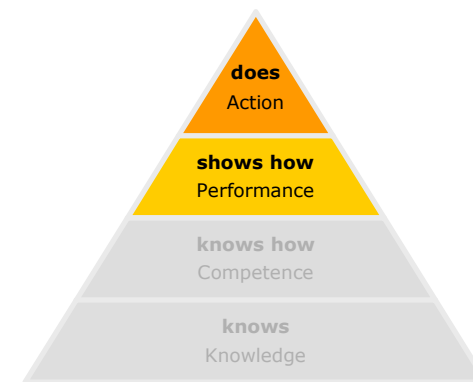
## -How we get there-

- Work based practice
- Tutorial group
- Community Based Learning (CBL)
- Problem Based Learning (PBL)
- Supervision



# Course 3: Field Work -Assessment-

- Work placement reports or diaries
- Patients case report /  
Community diagnosis and priority settings for further action
- Professional portfolio



# Module 6 (15 ECTS) - Time Frame

week	1	2	3	4	5	6	7	8
PHASE	<b>PREPARATORY STUDIES</b> (WEEK 1-3)			<b>PRESENCE/CONTACT PHASE</b> (WEEK 3-7)				<b>EVALUATION REPORT</b> (WEEK 8)
COURSE	<b>COURSE I</b> Theoretical Foundation of Migration Health				<b>Course II</b> Intercultural Competencies			
					<b>Course III</b> Field Work			
METHOD	<ul style="list-style-type: none"> <li>E-learning</li> <li>Self-study of Literature</li> <li>Prepare oral presentations (A1-A4)</li> </ul>			<ul style="list-style-type: none"> <li>Experts Lecture</li> <li>Seminar</li> </ul>		<ul style="list-style-type: none"> <li>Workshop</li> <li>Role Playing</li> <li>Simulated Patients</li> <li>Video Feedback</li> </ul>		<ul style="list-style-type: none"> <li>Tutorial group</li> <li>PBL</li> <li>CBL</li> <li>Supervision</li> </ul>
ASSESS- MENT				<ul style="list-style-type: none"> <li>Test of knowledge</li> <li>Oral presentation</li> <li>Portfolio</li> </ul>		<ul style="list-style-type: none"> <li>Performance of Skills</li> <li>Instruction Video</li> <li>Portfolio</li> </ul>		<ul style="list-style-type: none"> <li>Patients case report</li> <li>Community diagnosis</li> </ul>
ECTS* WORKLOAD	<ul style="list-style-type: none"> <li>ECTS = 6</li> <li>WL = 180</li> <li>ConHrs = 5</li> </ul>			<ul style="list-style-type: none"> <li>ECTS = 3</li> <li>WL = 90</li> <li>ConHrs = 80</li> </ul>		<ul style="list-style-type: none"> <li>ECTS = 4</li> <li>WL = 120</li> <li>ConHrs = 60</li> </ul>		<ul style="list-style-type: none"> <li>ECTS = 2</li> <li>WL = 60</li> <li>ConHrs = 5</li> </ul>

**\*1 ECTS=30 WL**